



The [RAMS C.I. team](#) is an Adapted Athletics team for students with Cognitive Impairments. The RAMS are a co-ed high school varsity sports team. Each year our team plays Adapted Soccer (Fall), Adapted Floor Hockey (Winter) and Adapted Softball (Spring). All of our games are held indoors in a gymnasium against 10 to 15 teams (depending on the sport) from all over the Twin Cities and greater Minnesota. Adapted Athletics is an official varsity sports program and a member of the (MSHSL). Our team covers students in grades 7-12 from [Edgewood Middle School](#), [Highview Middle School](#), [Chippewa Middle School](#), [Roseville Area Middle School](#), [Mounds View High School](#), [Irondale High School](#), and [Roseville High School](#).

Adapted Athletics is a great opportunity for students with disabilities to be on a competitive sports team and earn their varsity letter from their high school. This program allows students to learn and play team sports while competing against teams from around the state. The social relationships built by being on a team last a lifetime, and students truly enjoy and succeed in this program.

Some of our memorable team achievements include...

1995 M.A.A.A. Adapted Softball State Champions
1996 M.A.A.A. Adapted Softball State Champions
1997 M.A.A.A. Adapted Softball State Champions
2006 MSHSL Adapted Softball State Runner-Up
2010 MSHSL Adapted Soccer State Runner-Up
2015 MSHSL Adapted Softball State Runner-Up

The RAMS program is run by [Mounds View District #621](#). The Adapted Athletics teams are administered by the high schools activities departments. Roseville Activities Director coordinates the RAMS Roseville athletes. The RAMS Activities Director ([Rich Burke](#)) coordinates the RAMS Athletes in the Mounds View District. For more information please contact the coaches through this web site, or contact your schools activities department.

For information about the state adapted athletics league please contact the [Minnesota State High School League](#) or visit [MNadaptedathletics.com](#) for more information.

Students, family, and friends are encouraged to come cheer on the RAMS at our home games held at [Highview Middle School](#) Gymnasium (free admission)!

[Click to download RAMS 2015 Soccer Schedule](#)

